

STRENGTHENING UGANDA'S SYSTEMS FOR TREATING AIDS NATIONALLY

**KEY INTERVENTIONS**

Supporting HIV Testing and Counselling, PMTCT, HIV Care and Treatment, and TB Services

**The USAID/Strengthening Uganda's Systems for Treating AIDS Nationally (SUSTAIN) project works with supported healthcare facilities to improve services across the following areas:**

**HIV Testing and Counselling Services**

- ◆ Supporting hospital teams to offer hospital-based HIV testing and counselling services to all clients (both children and adults) who access healthcare services at each of the hospitals
- ◆ Promoting use of the Provider-Initiated Testing and Counselling (PITC) approach across all hospital healthcare service delivery units to optimise coverage
- ◆ Supporting hospital teams to ensure clients tested are linked to appropriate prevention (including Voluntary Medical Male Circumcision for men) or care and treatment services

**Prevention of Mother-to-Child Transmission (PMTCT) of HIV and Early Infant Diagnosis (EID)**

- ◆ Supporting the Ministry of Health to roll out PMTCT Option B-Plus interventions towards elimination of mother-to-child transmission of HIV
  - Establishing hospital-level systems for implementing the interventions: service provider skills strengthening, tools and job aids, records and data management, management of drugs and supplies, etc.
  - Providing the interventions to individual women and their infants, including follow-up and support for adherence
- ◆ Establishing EID care points at each hospital, including ensuring care enrolment and early initiation of HIV-infected infants on Anti-Retroviral Therapy (ART)
- ◆ Strengthening intra-hospital, inter-healthcare facility, and hospital-community linkages

**HIV Care and Treatment Services**

- ◆ Providing HIV care and treatment (i.e. ART) to more than 50,000 clients (adults, children, and adolescents) and expanding this cohort to more than 80,000 by June 2015
- ◆ Ensuring provision of various HIV care components, including:

- Co-trimoxazole preventive therapy
- Diagnosis and management of opportunistic infections (OIs)
- Nutrition assessment counselling and support (NACS), including provision of Ready-to-Use Therapeutic Food (RUTF) as appropriate, and infants and young child feeding support
- Routine clinical and laboratory (i.e. CD4 and Viral Load) monitoring for ART and pre-ART clients, including growth monitoring and immunisation for HIV-infected children
- Counselling and psychological support for both adult and paediatric clients, including prevention support
- Provision of a basic care package for HIV infected clients
- ◆ Encouraging adherence counselling and support for ART clients
- ◆ Providing follow-up and linkages with community interventions and other healthcare facilities

**Tuberculosis (TB) Services**

- ◆ Supporting TB/HIV collaborative activities:
  - Establishing TB/HIV coordination structures at hospitals
  - Improving access to HIV testing services for TB clients and TB screening for HIV-positive clients
  - Preventing TB through improved infection control
  - Improving quality of TB management, including monitoring and follow-up of clients through the treatment course
  - Building capacity of healthcare providers in TB/HIV co-infection management, including applying quality improvement methods for improved outcomes
- ◆ Managing drug-resistant tuberculosis (DR-TB)
  - Supporting the MOH to establish DR-TB management sites—Masaka, Mbale, Mubende, Fort Portal, Gulu, Kabale, and Arua Hospitals
  - Building competencies and skills for DR-TB multidisciplinary care teams through training and mentoring
  - Supporting hospitals to identify and initiate DR-TB patients on treatment, and monitor and support the patients through the treatment course